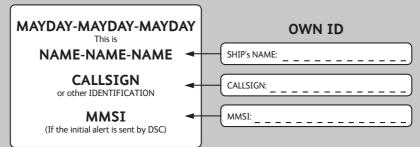


SAILOR VHF and MF/HF

Emergency call









MAYDAY

NAME of the VESSEL in distress
CALLSIGN or other IDENTIFICATION
MMSI

(If the initial alert is sent by DSC)

POSITION

given as latitude and longitude or

If latitude and longitude are not known or if time is insufficient, in relation to a known geographical location **NATURE** of distress

Kind of **ASSISTANCE** required Any other useful **INFORMATION**

DISTRESS and COMMUNICATION FREQUENCIES

	DSC	Radiotelephony	NBDP
VHF	Channel 70	Channel 16	
MF	2187.5 kHz	2182.0 kHz	2174.5 kHz
HF4	4207.5 kHz	4125.0 kHz	4177.5 kHz
HF6	6312.0 kHz	6215.0 kHz	6268.0 kHz
HF8	8414.5 kHz	8291.0 kHz	8376.5 kHz
HF12	12577.0 kHz	12290.0 kHz	12520.0 kHz
HF16	16804.5 kHz	16420.0 kHz	16695.0 kHz

Remember to use the correct HF-procedures Don't forget your EPIRB is the secondary means of alerting

98-132369-B